The Chinese University of Hong Kong
Faculty of Education Hong Kong Institute of Educational Research
Short-term Courses: Guidance and Counselling and Personal Growth
短期課程：輔導與個人成長
Tentative Teaching Timetable 2026-2027

Module Code	Group No.	Title	Day	Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Reserved for Contingency	Lecturer[1]	Venue
CGC0101	A	輔導概論 Introduction to Guidance and Counselling	Mon	6:30 p.m. – 9:30 p.m.	1-Mar-2027	8-Mar-2027	15-Mar-2027	12-Apr-2027	19-Apr-2027	26-Apr-2027	3-May-2027	10-May-2027	Lau Lai Yee, Lorraine	To be announced
CGC0102[2]	A	團體輔導概論 Introduction to Group Guidance and Counselling	Tue	6:30 p.m. – 9:30 p.m.	11-May-2027	18-May-2027	25-May-2027	1-Jun-2027	8-Jun-2027	15-Jun-2027	22-Jun-2027	29-Jun-2027	Cheng Siu Ping, Emily	To be announced
CGC0103	A	青少年的成長與需要 Understanding Adolescents' Development and Needs	Wed	6:30 p.m. – 9:30 p.m.	4-Nov-2026	11-Nov-2026	18-Nov-2026	25-Nov-2026	2-Dec-2026	9-Dec-2026	16-Dec-2026	6-Jan-2027	Law Kwok Ying, Cat	Room 123, 1/F, Chen Kou Bun Building, Chung Chi College, CUHK 香港中文大學崇基學院陳國本樓1樓123室
CGC0104	A	提升自尊和自我形象 Enhancing Self-esteem and Self-image	Tue	6:30 p.m. – 9:30 p.m.	5-Jan-2027	12-Jan-2027	19-Jan-2027	26-Jan-2027	16-Feb-2027	23-Feb-2027	2-Mar-2027	No	Cheng Kai Chi, Wallace	To be announced
CGC0106[3]	A	工作坊 – 個人成長歷程 Personal Growth Group Experience	Sat	2:00 p.m. – 9:30 p.m.	15-May-2027	22-May-2027	29-May-2027					5-Jun-2027	Ng Wing Yan, Winnie	To be announced
CGC0108	A	如何提升個人的情緒智商 Enhancing Emotional Intelligence (EQ) Workshops	Mon	6:30 p.m. – 9:30 p.m.	7-Sep-2026	14-Sep-2026	21-Sep-2026	28-Sep-2026	5-Oct-2026	12-Oct-2026	26-Oct-2026	No	Chow Suk Yee, Carol	Room 306, 3/F, Esther Lee Building, Chung Chi College, CUHK 香港中文大學崇基學院利黃瑤璧樓3樓306室
CGC0115	A	全面的學生關顧與支援系統 Comprehensive Student Care and Support System	Fri	6:30 p.m. – 9:30 p.m.	4-Sep-2026	11-Sep-2026	18-Sep-2026	2-Oct-2026	9-Oct-2026	16-Oct-2026	23-Oct-2026	No	Chan Tze Kwan, Isa	From 4 to 18 Sep: Room 205, 2/F, Esther Lee Building, Chung Chi College, CUHK 香港中文大學崇基學院利黃瑤璧樓2樓205室 From 2 to 23 Oct: G01, G/F, Hui Yeung Shing Building, Chung Chi College, CUHK 香港中文大學崇基學院許讓成樓G樓G01室
CGC0117[2]	A	分離與喪親 Separation and Loss	Mon	6:30 p.m. – 9:30 p.m.	17-May-2027	24-May-2027	31-May-2027	7-Jun-2027	14-Jun-2027	21-Jun-2027	28-Jun-2027	5-Jul-2027	Hung Man Wai, Polly	To be announced

Remarks:

[1] For staff profile, please refer to programme website: https://www.hkier.cuhk.edu.hk/programmes/cc.

[2] Basic training in counselling or the completion of CGC0101 is a pre-requisite for this module.

[3] Basic training in counselling through CGC0101 or the equivalent is a prerequisite for CGC0106. Full attendance is required for CGC0106.