

The Chinese University of Hong Kong
Faculty of Education Hong Kong Institute of Educational Research
Short-term Courses: Guidance and Counselling and Personal Growth
 短期課程：輔導與個人成長
Tentative Teaching Timetable 2024-2025

Module Code	Group No.	Title	Day	Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Reserved for Contingency	Lecturer ¹	Venue
CGC0101	A	輔導概論 Introduction to Guidance and Counselling	Thur	6:30 p.m. – 9:30 p.m.	6-Mar-2025	13-Mar-2025	20-Mar-2025	27-Mar-2025	3-Apr-2025	10-Apr-2025	24-Apr-2025	No	Tang Kit Sum, Connie	Room 215, 2/F., Cheng Yu Tung Building, Chak Cheung Street, CUHK (Near MTR University Station Exit B) (香港中文大學澤祥街鄭裕彤樓) (近港鐵大學站 B出口)
CGC0103	A	青少年的成長與需要 Understanding Adolescents' Development and Needs	Wed	6:30 p.m. – 9:30 p.m.	6-Nov-2024	13-Nov-2024	20-Nov-2024	27-Nov-2024	4-Dec-2024	11-Dec-2024	18-Dec-2024	No	Law Kwok Ying, Cat	Room 122, 1/F., Chen Kou Bun Building, Chung Chi College, CUHK (香港中文大學崇基學院陳國本樓)
CGC0104	A	提升自尊和自我形象 Enhancing Self-esteem and Self-image	Thur	6:30 p.m. – 9:30 p.m.	8-May-2025	15-May-2025	22-May-2025	29-May-2025	5-Jun-2025	12-Jun-2025	19-Jun-2025	26-Jun-2025	Cheng Kai Chi, Wallace	Room 307, 3/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)
CGC0106 ³	A	工作坊 – 個人成長歷程 Personal Growth Group Experience	Sat	2:00 p.m. – 9:30 p.m.	3-May-2025	10-May-2025	17-May-2025					24-May-2025	Iu Kan Siu Mee, Amy	To be announced
CGC0107	A	有效的溝通技巧 Effective Communication Skills	Thur	6:30 p.m. – 9:30 p.m.	12-Sep-2024 5-Sep-2024	19-Sep-2024	26-Sep-2024	3-Oct-2024	10-Oct-2024	17-Oct-2024	24-Oct-2024	No	Poon Wai Sze, Chiffon	Room 205, 2/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)
CGC0108	A	如何提升個人的情緒智商 Enhancing Emotional Intelligence (EQ) Workshops	Tue	6:30 p.m. – 9:30 p.m.	3-Sep-2024	10-Sep-2024	24-Sep-2024	8-Oct-2024	15-Oct-2024	22-Oct-2024	29-Oct-2024	No	Ng Wing Yin, Winnie	3 Sep 2024 to 24 Sep 2024 Room 207, 2/F., Esther Lee Building, Chung Chi College, CUHK 8 Oct 2024 to 29 Oct 2024 Room 306, 3/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)
CGC0116	A	從身分認同至親密關係 From Identity to Intimacy	Wed	6:30 p.m. – 9:30 p.m.	8-Jan-2025	15-Jan-2025	22-Jan-2025	12-Feb-2025	19-Feb-2025	26-Feb-2025	5-Mar-2025	No	Iu Kan Siu Mee, Amy	Room 122, 1/F., Chen Kou Bun Building, Chung Chi College, CUHK (香港中文大學崇基學院陳國本樓)
CGC0117 ²	A	分離與喪親 Separation and Loss	Mon	6:30 p.m. – 9:30 p.m.	12-May-2025	19-May-2025	26-May-2025	2-Jun-2025	9-Jun-2025	16-Jun-2025	23-Jun-2025	30-Jun-2025	Hung Man Wai, Polly	Room 302, 3/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)

Remarks:

¹ For staff profile, please refer to programme website: <https://www.hkier.cuhk.edu.hk/programmes/cc>.

² Basic training in counselling or the completion of CGC0101 is a pre-requisite for CGC0117.

³ Basic training in counselling through CGC0101 or the equivalent is a prerequisite for CGC0106. Full attendance is required for CGC0106.

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