

The Chinese University of Hong Kong
Faculty of Education – Hong Kong Institute of Educational Research
Short-term Courses: Guidance and Counselling and Personal Growth
 短期課程：輔導與個人成長
Tentative Teaching Timetable 2025-2026

Module Code	Group No.	Title	Day	Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Reserved for Contingency	Lecturer ¹	Venue
CGC0101	A	輔導概論 Introduction to Guidance and Counselling	Mon	6:30 p.m. – 9:30 p.m.	2-Mar-2026	9-Mar-2026	16-Mar-2026	23-Mar-2026	13-Apr-2026	20-Apr-2026	27-Apr-2026	No	Lau Lai Yee, Lorraine	Room 305, 3/F, Esther Lee Building, Chung Chi College, CUHK 香港中文大學崇基學院利黃瑤璧樓3樓305室
CGC0102 ²	A	團體輔導概論 Introduction to Group Guidance and Counselling	Tue	6:30 p.m. – 9:30 p.m.	12-May-2026	19-May-2026	26-May-2026	2-Jun-2026	9-Jun-2026	16-Jun-2026	23-Jun-2026	30-Jun-2026	Cheng Siu Ping, Emily	Room 202, 2/F, Esther Lee Building, Chung Chi College, CUHK 香港中文大學崇基學院利黃瑤璧樓2樓202室
CGC0103	A	青少年的成長與需要 Understanding Adolescents' Development and Needs	Wed	6:30 p.m. – 9:30 p.m.	5-Nov-2025	12-Nov-2025	19-Nov-2025	26-Nov-2025	3-Dec-2025	10-Dec-2025	17-Dec-2025	7-Jan-2026	Law Kwok Ying, Cat	Room 504, 5/F, Wu Ho Man Yuen Building, CUHK (University MTR Station – Exit D) 香港中文大學伍何曼原樓5樓504室 (近港鐵大學站 D出口) from 19-Nov to 17-Dec-2025: Room 123, 1/F, Chen Kou Bun Building, Chung Chi College, CUHK 香港中文大學崇基學院陳國本樓 1樓123室
CGC0104	A	提升自尊和自我形象 Enhancing Self-esteem and Self-image	Tue	6:30 p.m. – 9:30 p.m.	6-Jan-2026	13-Jan-2026	20-Jan-2026	27-Jan-2026	3-Feb-2026	10-Feb-2026	3-Mar-2026	No	Cheng Kai Chi, Wallace	from 6 to 27-Jan-2026: Room 202, 2/F, Esther Lee Building, Chung Chi College, CUHK 香港中文大學崇基學院利黃瑤璧樓2樓202室 from 3 to 10-Feb-2026: Room 206, 2/F, Esther Lee Building, Chung Chi College, CUHK 香港中文大學崇基學院利黃瑤璧樓2樓206室 3-Mar-2026: Room G02, G/F, Lee Shau Kee Architecture Building, CUHK (University MTR Station – Exit D) 香港中文大學李兆基建築學大樓地下G02室(近港鐵大學站D出口)
CGC0106 ³	A	工作坊 – 個人成長歷程 Personal Growth Group Experience	Sat	2:00 p.m. – 9:30 p.m.	16-May-2026	23-May-2026	30-May-2026					6-Jun-2026	Ng Wing Yan, Winnie	Room UG06, UG/F, Sino Building, Chung Chi College, CUHK 香港中文大學崇基學院信和樓地下高層UG06室
CGC0107	A	有效的溝通技巧 Effective Communication Skills	Thur	6:30 p.m. – 9:30 p.m.	4-Sep-2025	11-Sep-2025	18-Sep-2025	25-Sep-2025	2-Oct-2025	9-Oct-2025	16-Oct-2025	23-Oct-2025	Poon Wai Sze, Chiffon	Room 306, 3/F, Esther Lee Building, Chung Chi College, CUHK 香港中文大學崇基學院利黃瑤璧樓3樓306室
CGC0115	A	全面的學生關顧與支援系統 Comprehensive Student Care and Support System	Tue	6:30 p.m. – 9:30 p.m.	2-Sep-2025	9-Sep-2025	16-Sep-2025	23-Sep-2025 30-Sep-2025	14-Oct-2025	21-Oct-2025	28-Oct-2025	No	Chan Tze Kwan, Isa	Room 122, 1/F, Chen Kou Bun Building, Chung Chi College, CUHK 香港中文大學崇基學院陳國本樓 1樓122室 28-Oct-2025: Room 207, 2/F, Esther Lee Building, Chung Chi College, CUHK 香港中文大學崇基學院利黃瑤璧樓2樓207室
CGC0117 ²	A	分離與喪親 Separation and Loss	Mon	6:30 p.m. – 9:30 p.m.	4-May-2026	11-May-2026	18-May-2026	1-Jun-2026	8-Jun-2026	15-Jun-2026	22-Jun-2026	29-Jun-2026	Hung Man Wai, Polly	Room 205, 2/F, Esther Lee Building, Chung Chi College, CUHK 香港中文大學崇基學院利黃瑤璧樓2樓205室

Remarks:

¹ For staff profile, please refer to programme website: <https://www.hkier.cuhk.edu.hk/programmes/cc>.

² Basic training in counselling or the completion of CGC0101 is a pre-requisite for this module.

³ Basic training in counselling through CGC0101 or the equivalent is a prerequisite for CGC0106. Full attendance is required for CGC0106.