香港中文大學
教育學院　香港教育研究所

The Chinese University of Hong Kong
Faculty of Education
Hong Kong Institute of Educational Research

短期課程：輔導與個人成長入學申請
（2026-2027）

Application for Admission to Short-term Courses: Guidance and Counselling and Personal Growth

Reply to the Self-introductory Questions

For Office Use Only
Interview_____
❑ Admitted
❑ Rejected
❑ Waiting List

(For office use only)

Name of Applicant		Application No.	
Course(s) Applied for	❑ CGC 0101 Introduction to Guidance and Counselling 輔導概論 ❑ CGC 0102 Introduction to Group Guidance and Counselling ❑ CGC 0103 Understanding Adolescents' Development and Needs 青少年的成長與需要 ❑ CGC 0104 Enhancing Self-esteem and Self-image 提升自尊和自我形象 ❑ CGC 0106 Personal Growth Group Experience 工作坊——個人成長歷程 ❑ CGC 0108 Enhancing Emotional Intelligence (EQ) Workshops 如何提升個人的情緒智商 ❑ CGC 0115 Comprehensive Student Care and Support System 全面的學生關顧與支援系統 ❑ CGC 0117 Separation and Loss 分離與喪親		

Questions 問題

1. What do you expect to learn from this Course(s)? 台端期望能從本課程學到甚麼？

2. Use about 50 words to introduce yourself. 請以約 50 字介紹自己。

Signature of Applicant 申請人簽署　　Date 日期